



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

POOL SCHEDULE

Pool Hours
Monday-Friday: 5:30am – 9:30pm
Saturday: 7am – 4:30pm
Sunday: 10am – 4:30pm

For more information contact:
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FULLERTON FAMILY YMCA
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	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:30 - 6:00 AM	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim		
6:00 - 7:00	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim		
7:00 - 8:00	Lap Swim	AQUA AEROBICS @ 7:30 (Whitney)	Lap Swim	AQUA AEROBICS @ 7:30 (Casey)	Lap Swim	Lap Swim	
8:00 - 9:00	AQUA AEROBICS (Pat)	AQUA ZUMBA @ 8:30 – 9:30 (Lori)	AQUA AEROBICS (Casey)	AQUA ZUMBA @ 8:30 – 9:30 (Lori)	AQUA AEROBICS (Casey)	AQUA AEROBICS (Beth)	
9:00 - 10:00	Arthritis Foundation Aquatic Program	Aqua Aerobics @ 9:30 (Whitney)	Arthritis Foundation Aquatic Program	AQUA AEROBICS @ 9:30 (Casey)	Arthritis Foundation Aquatic Program	Swim Lessons	
10:00 - 11:00	AQUA AEROBICS (Whitney)	Open/Lap Swim @ 10:30	AQUA AEROBICS (Casey)	Open/Lap Swim @ 10:30	AQUA AEROBICS (Casey)	Swim Lessons	Lap Swim
11:00 - 12:00	Lap Swim	Open/Lap Swim	Lap Swim	Open/Lap Swim	Lap Swim	Swim Lessons	Lap Swim
12:00 - 1:00	Lap Swim	Swim For Fitness @ 12:30 (Troy)	Lap Swim	Swim For Fitness @ 12:30 (Troy)	Lap Swim	Open/Lap Swim	Open/Lap Swim
1:00 - 2:00	AQUA AEROBICS (Casey)	Lap/Open Swim/ Therapy @ 1:30	AQUA AEROBICS (Casey)	Lap/Open Swim/ Therapy @ 1:30	Open/Lap Swim	Open/Lap Swim	Open/Lap Swim
2:00 - 3:00	Lap/Open Swim/ Therapy	Lap/Open Swim/ Therapy	Lap/Open Swim/ Therapy	Lap/Open Swim/ Therapy	Lap/Open Swim/ Therapy	AQUA AEROBICS (Michael)	AQUA AEROBICS (Michael)
3:00 - 4:30	Swim Lessons @ 3:30 (Staff)	Swim Lessons @3:30 (Staff)	Swim Lessons @3:30 (Staff)	Swim Lessons @3:30 (Staff)	SPLASH BALL! @ 3:30 (Staff)	Open/Lap Swim	Open/Lap Swim
4:30 – 5:00	Swim Lessons	Swim Lessons	Swim Lessons	Swim Lessons	SPLASH BALL!	Open/Lap Swim Pool Closes @4:30	Open/Lap Swim Pool Closes @4:30
5:00 – 6:00	Y - Swim Team @ 5:30	Y - Swim Team @ 5:30	Y - Swim Team @ 5:30	Y - Swim Team @ 5:30	Y - Swim Team @ 5:30	Swim lesson evaluations can be conducted by any lifeguard, swim instructor or swim coach. Testing can be conducted at the discretion of the lifeguard, but does not take president over pool safety.	
6:00 – 7:00	Y - Swim Team	Y - Swim Team	Y - Swim Team	Y - Swim Team	Y - Swim Team		
7:00 – 8:00	AQUA AEROBICS @ 7:30 (Casey)	Family Night Open Swim @ 7:30	AQUA Aerobics @ 7:30 (Staff)	Family Night Open Swim @ 7:30	AQUA AEROBICS @ 7:30 (Staff)		
8:00 – 9:00	Open/Lap Swim @ 8:30	Open/Lap Swim	Open/Lap Swim @ 8:30	Open/Lap Swim	Open/Lap Swim @ 8:30	Due to safety we may close in the event of poor weather conditions or chemical imbalance. Effective January 1, 2012	
9:00 – 9:30 PM	Open/Lap Swim	Open/Lap Swim	Open/Lap Swim	Open/Lap Swim	Open/Lap Swim		

Note: All children 14 years and under must be supervised by an adult. All Children under the age of 14years will be required to take a swim test to test their swim ability. All children who receive a red band will be required to have a parent in the water with them and will be required to wear an approved PFD.