



FOR YOUTH DEVELOPMENT  
**FOR HEALTHY LIVING**  
 FOR SOCIAL RESPONSIBILITY

# OPEN GYM SCHEDULE SIDE A

LAGUNA NIGUEL FAMILY YMCA  
 29831 Crown Valley Pkwy  
 Laguna Niguel, CA 92677  
 (949) 495-9622

Effective 9/1/11

	MON	TUE	WED	THUR	FRI	SAT	SUN
5:30am	Open	Open	Open	Open	Open	Facility Closed	Facility Closed
6:00am	Men's Pick Up BB	Open	Men's Pick Up BB	Open	Men's Pick Up BB	Facility Closed	Facility Closed
7:00am	Men's Pick Up BB	Open	Men's Pick Up BB	Open	Men's Pick Up BB	Youth BB	Facility Closed
8:00am	Men's Pick Up BB	Open	Men's Pick Up BB	Open	Men's Pick Up BB	Youth BB	Open @ 8:00am
9:00am	Open	Pick Up VB	Open	Pick Up VB	Open	Youth BB	Open
10:00am	Open	Pick Up VB	Open	Pick Up VB	Open	Youth BB	Open
11:00am	Open	Pick Up VB	Open	Pick Up VB	Open	Youth BB	Open
12:00pm	Open	Pick Up VB	Open	Pick Up VB	Open	Youth BB	Open
1:00pm	Open	Open	Open	Open	Open	Youth BB	Open
2:00pm	Open	Open	Open	Open	Open	Youth BB	Open
3:00pm	Open	Open	Open	Open	Open	Youth BB	Open
4:00pm	(3:45 Youth VB)	Open	(3:45 Youth VB)	Open	Youth BB	Youth BB	Open
5:00pm	Youth VB	Open	Youth VB	Youth BB CLASS	Youth BB	Youth BB	Open
6:00pm	(ends 6:30 Youth VB)	Youth BB	(ends 6:30 Youth VB)	Youth BB	Youth BB	Facility Closed @6:00pm	Facility Closed @6:00pm
7:00pm	(6:30 Youth BB)	Leagues	Youth BB	Youth BB	Youth BB	Facility Closed @6:00pm	Facility Closed @6:00pm
8:00pm	Youth BB	Leagues	Leagues	Youth BB	Youth BB	Facility Closed @6:00pm	Facility Closed @6:00pm
9:00pm	Open	Leagues	Leagues	Open	Facility Closed @9:00pm	Facility Closed @6:00pm	Facility Closed @6:00pm



FOR YOUTH DEVELOPMENT  
**FOR HEALTHY LIVING**  
 FOR SOCIAL RESPONSIBILITY

# OPEN GYM SCHEDULE SIDE B

**LAGUNA NIGUEL FAMILY YMCA**  
 29831 Crown Valley Pkwy  
 Laguna Niguel, CA 92677  
 (949) 495-9622

Effective 9/1/11

	MON	TUE	WED	THUR	FRI	SAT	SUN
<b>5:30am</b>	Open	Open	Open	Open	Open	Facility Closed	Facility Closed
<b>6:00am</b>	Open	Open	Open	Open	Open	Facility Closed	Facility Closed
<b>7:00am</b>	Open	Open	Open	Open	Open	Youth BB	Facility Closed
<b>8:00am</b>	Open	Open	Open	Open	Open	Youth BB	Open @ 8:00am
<b>9:00am</b>	Open	Pick Up VB	Open	Pick Up VB	Open	Youth BB	Open
<b>10:00am</b>	Open	Pick Up VB	Open	Pick Up VB	Open	Youth BB	Open
<b>11:00am</b>	Open	Pick Up VB	Open	Pick Up VB	Open	Youth BB	Open
<b>12:00pm</b>	Open	Pick Up VB	Open	Pick Up VB	Open	Youth BB	Open
<b>1:00pm</b>	Open	Open	Open	Open	Open	Youth BB	Open
<b>2:00pm</b>	Open	Open	Open	Open	Open	Youth BB	Open
<b>3:00pm</b>	Open	Open	Open	Youth BB Class	Open	Youth BB	Open
<b>4:00pm</b>	(3:45 Youth VB)	Open	(3:45 Youth VB)	Youth BB Class	Youth BB	Youth BB	Open
<b>5:00pm</b>	Youth VB	Youth BB	Youth VB	Youth BB	Youth BB	Youth BB	Open
<b>6:00pm</b>	(ends 6:30 Youth VB)	Youth BB	(ends 6:30 Youth VB)	Youth BB	Youth BB	Facility Closed @6:00pm	Facility Closed @6:00pm
<b>7:00pm</b>	6:30 Youth BB	Leagues	6:30 Youth BB	Youth BB	Youth BB	Facility Closed @6:00pm	Facility Closed @6:00pm
<b>8:00pm</b>	Youth BB	Leagues	Leagues	Youth BB	Youth BB	Facility Closed @6:00pm	Facility Closed @6:00pm
<b>9:00pm</b>	Youth BB	Leagues	Leagues	Youth BB	Facility Closed @9:00pm	Facility Closed @6:00pm	Facility Closed @6:00pm