

YMCA of Orange County

North Orange County Branch



We build strong kids,
strong families,
strong communities.

2000 Youth Way
Fullerton, CA 92835
714/879-9622
www.ymcaoc.org

Serves Brea, Buena Park,
Fullerton, La Habra
and surrounding areas

SPRING 2009 Pool Schedule

Aquatics Director - Michelle Garoutte
714-879-9622 Ext. 115
mgaroutte@ymcaoc.net

TIME	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:30 - 7:00	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim		
7:00 - 8:00	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	
8:00 - 9:00	Aqua Aerobics	Aqua Aerobics	Aqua Aerobics	Aqua Aerobics	Aqua Aerobics	Lap Swim	
9:00 - 10:00	A.F.A.P	Lap/Open Swim	A.F.A.P	Lap/Open Swim	A.F.A.P	Aqua Aerobics	
10:00 - 11:00	Aqua Aerobics	Aqua Aerobics	Aqua Aerobics	Aqua Aerobics	Aqua Aerobics	Swim Lessons	Lap Swim
11:00 - 12:00	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Swim Lessons	Lap Swim
12:00 - 1:00	Lap Swim	Lap Swim/ Therapy	Lap Swim	Lap Swim/ Therapy	Lap Swim/ Therapy	Swim Lessons	Lap/Open Swim
1:00 - 2:00	Aqua Aerobics	Lap/Open Swim/ Therapy	Aqua Aerobics	Lap/Open Swim/ Therapy	Aqua Aerobics	Swim Lessons	Lap/Open Swim
2:00 - 3:00	Lap/Open Swim/ Therapy	Lap/Open Swim	Lap/Open Swim/ Therapy	Lap/Open Swim	Lap/Open Swim/ Therapy	Lap/Open Swim	Lap/Open Swim
3:00 - 4:00	Swim Lessons 3:30-5:00/ Open Swim	Swim Lessons/ Open Swim	Swim Lessons 3:30-5:00/ Open Swim	Swim Lessons/ Open Swim	Lap/Open Swim	Lap/Open Swim	Lap/Open Swim
4:00 - 5:00	Swim Lessons 3:30-5:00/ Open Swim	Swim Lessons/ Open Swim	Swim Lessons 3:30-5:00/ Open Swim	Swim Lessons/ Open Swim	Lap/Open Swim	Lap/Open Swim Close at 4:30	Lap/Open Swim/ Closes at 4:30
5:00 - 6:00	Swim Team 5:00-7:15	Swim Lessons/ Open Swim	Swim Team 5:00-7:15	Swim Lessons/ Open Swim	Swim Team 5:00-7:15	Ask about our Summer Swim Programs!	
6:00 - 7:00	Swim Team 5:00-7:15	Swim Lessons/ Open Swim	Swim Team 5:00-7:15	Swim Lessons/ Open Swim	Swim Team 5:00-7:15		
7:00 - 8:00	Aqua Aerobics/ Swim & Play	Aqua Aerobics/ Open Swim	Aqua Aerobics/ Open Swim	Aqua Aerobics/ Swim & Play	Lap/Open Swim	Pool doors are subject to be open for air circulation	
8:00 - 9:00	Lap /Open Swim	Lap/Open Swim	Lap /Open Swim	Lap/Open Swim	Lap/Open Swim		
9:00 - 9:30	Lap/Open Swim	Lap/Open Swim	Lap/Open Swim	Lap/Open Swim	Lap/Open Swim		
Pool Closed at 9:30							