

# YMCA of Orange County

## North Orange County Branch



We build strong kids,  
strong families,  
strong communities.

2000 Youth Way  
Fullerton, CA 92835  
714/879-9622  
www.ymcaoc.org

Serves Brea, Buena Park,  
Fullerton, La Habra  
and surrounding areas

### FALL 2009 - WINTER 2010 Pool Schedule

Michelle Garoutte Aquatics Director  
714-879-9622 Ext. 115  
mgaroutte@ymcaoc.net

TIME	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:30 - 7:00	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim		
7:00 - 8:00	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	
8:00 - 9:00	Aqua Aerobics	Aqua Aerobics	Aqua Aerobics	Aqua Aerobics	Aqua Aerobics	Lap Swim	
9:00 - 10:00	Arthritis Foundation Aquatics Program	Lap/Open Swim	Arthritis Foundation Aquatics Program	Lap/Open Swim	Arthritis Foundation Aquatics Program	Aqua Aerobics	
10:00 - 11:00	Aqua Aerobics	Aqua Aerobics	Aqua Aerobics	Aqua Aerobics	Aqua Aerobics	Swim Lessons	Lap Swim
11:00 - 12:00	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Swim Lessons	Lap Swim
12:00 - 1:00	Lap Swim	Lap Swim/Therapy	Lap Swim	Lap Swim/Therapy	Lap Swim/Therapy	Swim Lessons	Lap/Open Swim
1:00 - 2:00	Aqua Aerobics	Lap/Open Swim/Therapy	Aqua Aerobics	Lap/Open Swim/Therapy	Aqua Aerobics	Swim Lessons	Lap/Open Swim
2:00 - 3:00	Lap/Open Swim/Therapy	Lap/Open Swim	Lap/Open Swim/Therapy	Lap/Open Swim	Lap/Open Swim/Therapy	Lap/Open Swim	Lap/Open Swim
3:00 - 4:00	Swim Lessons 3:30-5:30/Therapy	Swim Lessons/ Open Swim	Swim Lessons 3:30-5:30/Therapy	Swim Lessons/ Open Swim	Lap/Open Swim	Lap/Open Swim	Lap/Open Swim
4:00 - 5:00	Swim Lessons 3:30-5:30	Swim Lessons/ Open Swim	Swim Lessons 3:30-5:30	Swim Lessons/ Open Swim	Lap/Open Swim	Lap/Open Swim Close at 4:30	Lap/Open Swim/ Close at 4:30
5:00 - 6:00	Swim Team 5:00-7:15	Swim Lessons/ Open Swim	Swim Team 5:00-7:15	Swim Lessons/ Open Swim	Swim Team 5:00-7:15	Ask about our swim team!	
6:00 - 7:00	Swim Team 5:00-7:15	Swim Lessons/ Open Swim	Swim Team 5:00-7:15	Swim Lessons/ Open Swim	Swim Team 5:00-7:15	Programs which require an additional fee: Swim Lessons Novice Swim Team Advanced Swim Team	
7:00 - 8:00	Aqua Aerobics	Aqua Aerobics	Aqua Aerobics	Aqua Aerobics	Lap/Open Swim		
8:00 - 9:00	Lap/Open Swim	Lap/Open Swim	Lap/Open Swim	Lap/Open Swim	Lap/Open Swim	Pool schedule is subject to change at any time without notice. Doors are subject to be open for air circulation.	
9:00 - 9:30	Lap/Open Swim	Lap/Open Swim	Lap/Open Swim	Lap/Open Swim	Lap/Open Swim	**Pool schedule effective September 14th until further notice.	
Pool Closes at 9:30p.m.							