



2009-2010 Central Orange Coast Activities Calendar

Nation	September	October	November	December	January	February	March	April	May	June
Broken Lance North	Catalina	Caspers Park	Turkey Shoot	Community Service Event	Camp Marston	TBA	TBA	Calico Ghost Town	Camp Surf	TBA
Broken Lance South	Camp Surf	TBA	San Mateo Campout	Bowling	TBA	Pinewood Derby	Camp Oaks	Colorado River	Joshua Tree	Yosemite Campout
Corona	Pendleton Campout	Family Picnic	Angels Stadium Campout	Ducks Game	TBA	Back Bay Bike Ride	Pinewood Derby	TBA	Catalina	TBA
Dolphin	Catalina	Beach Cleanup	Angels Stadium Campout	Ducks Game	TBA	Bowling	Joshua Tree	Angels game	Pinewood Derby	Summer Campout
Kahneetah	Project Playhouse	Fall Campout	TBA	Ducks Game	Ski Trip	Snow Camp	TBA	Healthy Kids Day	Camp Surf	Grad PowWow
Naranja	TBA	Campland Campout	TBA	Ducks Game	TBA	Back Bay Bike Ride	TBA	Family Fun Day	Pendleton Campout	Sock Hop
Orange Blossom North	Catalina	Pendleton Campout	TBA	Ducks Game	Movie Day	Square Dance	Winter Camp	Camp Marston	Local Campout	Grad Campout
Orange Blossom South	Catalina	Pendleton Campout	San Jacinto	TBA	Father/Daughter Banquet	TBA	Camp Oaks	Camp Marston	Camp Surf	TBA
TrailMates	TBA	Oso Lake	Camp Pendleton	TBA	Father/Daughter Brunch	TBA	TBA	TBA	TBA	TBA
Trailblazers	TBA	TBA	TBA	TBA	TBA	TBA	TBA	TBA	TBA	TBA

Events may change due to venue availability

Y-Guides/Princesses

A Parent/Child Program for Kids K-8th Grade!

YMCA of Orange County
We build strong kids, strong families, strong communities.
www.ymcaoc.org

CENTRAL ORANGE COAST YMCA
 2300 University Drive
 Newport Beach, CA 92660
 (949) 642-9990



Y-Guides/Princesses

• What is the Y-Guides/Princesses Program?

Developed by the YMCA to help strengthen family relationships, the Y-Guides/Princesses experience enables parents and kids to have fun while sharing new adventures and learning about each other.

Y-Guides	Fathers/Sons	K-3rd
Y-Princesses	Fathers/Daughters	K-3rd
Y-Maidens	Mothers/Daughters	K-3rd
Y-TrailBlazers	Fathers/Sons	4th-8th
Y-TrailMates	Fathers/Daughters	4th-8th
Y-TrailMaidens	Mothers/Daughters	4th-8th

Participants are organized around neighborhood groups or common interests for meetings and special events. Participation in the program encourages a commitment for both parent and child to spend time together away from the distractions of work and home. The program year runs September through June, but join at any time!

Children develop positive skills and patterns that will serve them well in adolescence and adulthood, while participants build friendships that will last a lifetime.

• What do the Y-Guides/Princesses do?

We meet monthly in a designated member's home, in which a loosely structured agenda encourages each child to participate. These Tribe meetings typically include a craft, game, snack, and various awards and reports. Each month multiple Tribes combine to create a Nation in order to host activities and events such as: a local campout at the beach or the mountains, sporting events, a community service project, or a quick day event such as bowling or fishing. The back of this brochure lists a tentative schedule of activities for the Nations from our branch.



• Become a YMCA Member Today!

A YMCA Membership and payment of the Y-Guides/Princesses Program Fee are required. We offer two kinds of memberships to fit the need of your family.

Family Facility Membership*

\$70/month for 2 adults & kids

Full access to the facility, pool, cardiovascular center, group exercise classes, weight room, lower rate for sports programs, swim classes and more. Let the kids play in the Kidzone while you work out; included with this membership!

Family Program Membership*

\$90/year for the family

Participation in our programs such as swim classes, Y-Guides/Princesses and sports classes. No facility usage.

Program Fee	Register June-July 31, 2009	Register Aug 1-Sept 30, 2009	Register Oct 1-End of Season
Family Facility Membership	\$25 per person/ per program	\$30 per person/ per program	\$37 per person/ per program
Program Membership	\$50 per person/ per program	\$60 per person/ per program	\$75 per person/ per program

Nation Monthly Activities*

Paying for events as you go through the year allows for family flexibility in scheduling. Nation activities can range from \$35 per family, to \$150 per person depending on the event.

*Scholarship Program available to qualifying families.

For more info please contact:

Maria Brunker
Operations Director
(949) 722-3807
mbrunker@ymcaoc.net

