

GRAND OPENING

January 30th 11am-1pm



North Orange County Family YMCA

FITNESS STUDIO

located in Yorba Linda

It's All About You!

FREE Trial Classes

February 1-13

Spaces limited! Sign up at the Grand Opening or call today!

Featuring:

- **Class Demos**
(wear your workout gear)
- **Taco Bar**
(for the first 200 people)
- **Drawings**
- **Bounce House**
- **Face Painting**
- **and more!**

Adult Classes

- Zumba®
- Pilates
- Yoga
- Cardio Kick
- Combat Blast
- TRX® Training
- Pi/Yo™

Youth/Teen Classes

- Yoga

Senior Classes

- Chair Yoga

NO CONTRACTS!

Kids Zone Available!

Open for Tours

Mon-Sat 11am to 2pm

Set up a tour today!

(714) 879-9622



18333 Lemon Drive, Yorba Linda, CA 92886 www.ymcaoc.org



YMCA of Orange County

We build strong kids, strong families, strong communities.