



Y-Guides/Princesses

A Parent/Child Program for Kids K-8th Grade!

YMCA of Orange County
We build strong kids, strong families, strong communities.
www.ymcaoc.org

NORTH OC FAMILY YMCA
 2000 Youth Way
 Fullerton, CA 92835
 (714) 879-9622

YORBA LINDA/PLACENTIA FAMILY YMCA
 18333 Lemon Drive
 Yorba Linda, CA 92886
 (714) 777-9622

2009-2010 North OC Family YMCA & Yorba Linda/Placentia Family YMCA Activities Calendar

Nation	September	October	November	December	January	February	March	April	May	June
Hupa	Bowling Party	Fall Campout at Calico	Turkey Shoot	Holiday Party	AMA Supercross/ Monster Truck Event	Winter Campout at Arboledo	Pinewood Derby	Lake Diaz Campout	Federation Family Fun Day	Year End Campout
Sioux	Skating Party	Fall Campout	Olympic Games	Holiday Party	Winter Campout at Arboledo	Bowling Party	Father/Daughter Spring Dance	Spring Campout	Federation Family Fun Day	Year End Campout

Events may change due to venue availability

The Y-guides and Princesses program will:

- Foster companionship and understanding and set a foundation for positive, lifelong relationships between parent and child.
- Build a sense of self-esteem and personal worth.
- Expand awareness of spirit, mind, and body.
- Provide the framework to meet a mutual need of spending enjoyable, constructive, and quality time together.
- Enhance the quality of family time.
- Emphasize the vital role that parents play in the growth and development of their children.
- Offer an important and unique opportunity to develop and enjoy volunteer leadership skills.



Y-Guides/Princesses

• What is the Y-Guides/Princesses Program?

Developed by the YMCA to help strengthen family relationships, the Y-Guides/Princesses experience enables parents and kids to have fun while sharing new adventures and learning about each other.

Y-Guides	Fathers/Sons	K-3rd
Y-Princesses	Fathers/Daughters	K-3rd
Y-Maidens	Mothers/Daughters	K-3rd
Y-TrailBlazers	Fathers/Sons	4th-8th
Y-TrailMates	Fathers/Daughters	4th-8th
Y-TrailMaidens	Mothers/Daughters	4th-8th

Participants are organized around neighborhood groups or common interests for meetings and special events. Participation in the program encourages a commitment for both parent and child to spend time together away from the distractions of work and home. The program year runs September through June, but join at any time!

Children develop positive skills and patterns that will serve them well in adolescence and adulthood, while participants build friendships that will last a lifetime.

• What do the Y-Guides/Princesses do?

We meet monthly in a designated member's home, in which a loosely structured agenda encourages each child to participate. These Tribe meetings typically include a craft, game, snack, and various awards and reports. Each month multiple Tribes combine to create a Nation in order to host activities and events such as: a local campout at the beach or the mountains, sporting events, a community service project, or a quick day event such as bowling or fishing. The back of this brochure lists a tentative schedule of activities for the Nations from our branch.



• Become a YMCA Member Today!

A YMCA Membership and payment of the Y-Guides/Princesses Program Fee are required. We offer two kinds of memberships to fit the need of your family.

Family Facility Membership*

\$70/month for 2 adults & kids

Full access to the facility, pool, cardiovascular center, group exercise classes, weight room, lower rate for sports programs, swim classes and more. Let the kids play in the Kidzone while you work out; included with this membership!

Family Program Membership*

\$90/year for the family

Participation in our programs such as swim classes, Y-Guides/Princesses and sports classes. No facility usage.

Program Fee	Register June-July 31, 2009	Register Aug 1-Sept 30, 2009	Register Oct 1-End of Season
Family Facility Membership	\$25 per person/ per program	\$30 per person/ per program	\$37 per person/ per program
Program Membership	\$50 per person/ per program	\$60 per person/ per program	\$75 per person/ per program

Nation Monthly Activities*

Paying for events as you go through the year allows for family flexibility in scheduling. Nation activities can range from \$35 per family, to \$150 per person depending on the event.

*Scholarship Program available to qualifying families.

For more info please contact:

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