



2009-2010 Saddleback Valley Activities Calendar

Expedition	September	October	November	December	January	February	March	April	May	June
Broken Arrow Guides	Whites Landing Catalina	Calico Ghost Town	San Mateo State Park	Community Service Event	Pine Car Derby	Winter Camp	Gaspers Regional Park	Joshua Tree	Angels Baseball Game	San Clemente State Beach
Rising Sun Guides	Indian Hills	San Clemente Beach Camping	Sea World Sleepover	Panake Breakfast	Pine Car Derby	Camp Whittle	El Portero	Yucipia Regional Park	Camp Pendleton Beach Camping	Adventure Mountain
White Eagle Guides	Whites Landing Catalina	Irvine Regional Park	USS Midway	Broomball	Monster Truck	Camp Whittle & NASCAR	Pine Car Derby	Joshua Tree	Overnight at the Museum	Camp Surf
Traillazers	Local Day Event	Camping Trip	GO Kart Racing	Community Service Event	Horse Back Riding	Local Day Event	Kayaking	Paintball	Angel's game	Beach Camping
Big Thunder Spirit	Camp Marsten	Gaspers Regional Park	Rawhide Ranch & Bowling	Father/Daughter Dance	Pine Car Derby	Irvine Regional Park	Cedar Lake Camp	Joshua Tree	San Mateo State Park	Campland on the Bay
Friendly Spirit Princesses	Irvine Regional Park	San Mateo State Park	Train Trip to USS Midway	Father/Daughter Dance	Bowling	Circle Event	Winter Camp	Fiesta Island	Whites Landing Catalina	Campland on the Bay
Magic Spirit Princesses	Irvine Regional Park	San Diego Day Trip	San Mateo State Park	Father/Daughter Dance	Bowling	Cedar Lake Camp	Overnight at the Museum	Joshua Tree	Camp Surf	Campland on the Bay
Shining Spirit Princesses	Camp Surf	Caspers Regional Park	El Portero	Father/Daughter Dance	Ice Skating or Broomball	PI Bowling	Joshua Tree	Rawhide Ranch & Bike Rally	San Mateo State Beach	Campland on the Bay
Scaring Spirit Princesses	Whites Landing Catalina	Camp Pendleton Beach Camping	Fiesta Island	Father/Daughter Dance	Bowling	Snow Tubing	USS Midway	Joshua Tree	Campland on the Bay	Waterpark
Running Spirit Trailblazers	Camp Surf	Oso Lake	Boomers	Rose Parade	Dinner Theater	Local Day Event	Local Event	Local Event	Joshua Tree	Picnic

Events may change due to venue availability

Y-Guides/Princesses

A Parent/Child Program for Kids K-8th Grade!

YMCA of Orange County
We build strong kids, strong families, strong communities.
www.ymcaoc.org

SADDLEBACK VALLEY YMCA
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 (949) 859-9622



Y-Guides/Princesses

• What is the Y-Guides/Princesses Program?

Developed by the YMCA to help strengthen family relationships, the Y-Guides/Princesses experience enables parents and kids to have fun while sharing new adventures and learning about each other.

Y-Guides	Fathers/Sons	K-3rd
Y-Princesses	Fathers/Daughters	K-3rd
Y-Maidens	Mothers/Daughters	K-3rd
Y-TrailBlazers	Fathers/Sons	4th-8th
Y-TrailMates	Fathers/Daughters	4th-8th
Y-TrailMaidens	Mothers/Daughters	4th-8th

Participants are organized around neighborhood groups or common interests for meetings and special events. Participation in the program encourages a commitment for both parent and child to spend time together away from the distractions of work and home. The program year runs September through June, but join at any time!

Children develop positive skills and patterns that will serve them well in adolescence and adulthood, while participants build friendships that will last a lifetime.

• What do the Y-Guides/Princesses do?

We meet monthly in a designated member's home, in which a loosely structured agenda encourages each child to participate. These Circle meetings typically include a craft, game, snack, and various awards and reports. Each month multiple Circles combine to create a Expedition in order to host activities and events such as: a local campout at the beach or the mountains, sporting events, a community service project, or a quick day event such as bowling or fishing. The back of this brochure lists a tentative schedule of activities for the Expedition from our branch.



• Become a YMCA Member Today!

A YMCA Membership and payment of the Y-Guides/Princesses Program Fee are required. We offer two kinds of memberships to fit the need of your family.

Family Facility Membership*

\$70/month for 2 adults & kids

Full access to the facility, pool, cardiovascular center, group exercise classes, weight room, lower rate for sports programs, swim classes and more. Let the kids play in the Kidzone while you work out; included with this membership!

Family Program Membership*

\$90/year for the family

Participation in our programs such as swim classes, Y-Guides/Princesses and sports classes. No facility usage.

Program Fee	Register June-July 31, 2009	Register Aug 1-Sept 30, 2009	Register Oct 1-End of Season
Family Facility Membership	\$25 per person/ per program	\$30 per person/ per program	\$37 per person/ per program
Program Membership	\$50 per person/ per program	\$60 per person/ per program	\$75 per person/ per program

Expedition Monthly Activities*

Paying for events as you go through the year allows for family flexibility in scheduling. Nation activities can range from \$35 per family, to \$150 per person depending on the event.

*Scholarship Program available to qualifying families.

For more info please contact:

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