

Y HEALTH & WELLNESS

Gym Kids

Mommy & Me / Gym Tots (Ages 18 mos-6 yrs)

Your child will have a blast while focusing on basic movement, motor skills and nutrition. Enjoy games, bubbles, puppets and more!

Children must be accompanied by an adult..

Gym Kids (Ages 3-6 yrs)

Children will enhance their cognitive, physical, social and emotional skills in a positive and welcoming atmosphere. Individual/interactive play and teacher lead activities.



REGISTER TODAY!

Date	Times / Days
1/12-3/31	M/W 8:30 - 9:15a (Gym Tots / Mommy and Me)
1/12-3/31	Mon 3:45 - 4:30p (Gym Kids)

Fees

Gym Tots (Mommy and Me)

Facility Member: \$75

Program Member: \$150

Gym Kids

Facility Member: \$40

Program Member: \$80

For more information contact:
Marilyn Sullivan
(949) 380-3512 or msullivan@ymcaoc.net

Saddleback Valley Family YMCA

27341 Trabuco Circle
Mission Viejo, CA 92692

www.ymcaoc.org

(949) 859-9622

