



# Y-Guides/Princesses

A Parent/Child Program for Kids K-8th Grade!

**YMCA of Orange County**  
*We build strong kids, strong families, strong communities.*  
[www.ymcaoc.org](http://www.ymcaoc.org)

**WEST COUNTY FAMILY YMCA**  
 2300 University Drive  
 Newport Beach, CA 92660  
 (949) 642-9990

## 2009-2010 West County Family Activities Calendar

Nation	September	October	November	December	January	February	March	April	May	June
Great Pacific Nation Princesses	Wild Rivers	Halloween Dance Party	Induction Campout	Holiday Skating Event	Princess Bowling	Winter Camp Big Bear	Pinewood Derby	Spring Campout	Cleaning Event	Catalina Campout
Pacific Eagle Nation Guides	Wild Rivers	Induction Campout	Turkey Shoot	Food Bank Community Service	Pinewood Derby	Winter Camp Big Bear	Bowling Tournament	Earth Day Event	Spring Overnighiter	Catalina Campout
Great Hunting Valley Nation Princesses	Catalina Campout	Induction Campout	Fall Overnighiter	Holiday Party	Winter Camp Big Bear	Pinewood Derby	Square Dance	Spring Camp Fiesta Island	Beachfest Clean up	Father/Daughter Dance
Great Coastal Nation Guides	Fall Campout	Induction Picnic	Turkey Shoot	Clippers Basketball	Winter Camp Big Bear	Bowling Tournament	Pinewood Derby	Spring Campout	Beachfest Clean up	Catalina Campout
TrailBlazers	Deep Sea Fishing	Fall Campout	Indoor Skydiving	Skeet Shooting	Mutt Lunch Bike Ride/ Monster Truck	Snow Trip	Desert ATV Trip	Paintball	Colorado Kayak Trip	K-1 Racing
Great Pacific Nation Princesses	July Walk in HB 4th of July Parade	August Newport Dunes Overnighiter								
Pacific Eagle Nation Guides	July Walk in HB 4th of July Parade	August Imperial Beach Surf Camp								
Great Hunting Valley Nation Princesses	July Walk in HB 4th of July Parade	August TBA								
Great Coastal Nation Guides	July Walk in HB 4th of July Parade	August Imperial Beach Surf Camp								
TrailBlazers	July Beach Bonfire/ Bike Ride	August Santa Cruz Island Adventure								

Events may change due to venue availability



# Y-Guides/Princesses

## • What is the Y-Guides/Princesses Program?

Developed by the YMCA to help strengthen family relationships, the Y-Guides/Princesses experience enables parents and kids to have fun while sharing new adventures and learning about each other.

Y-Guides	Fathers/Sons	K-3rd
Y-Princesses	Fathers/Daughters	K-3rd
Y-Maidens	Mothers/Daughters	K-3rd
Y-TrailBlazers	Fathers/Sons	4th-8th
Y-TrailMates	Fathers/Daughters	4th-8th
Y-TrailMaidens	Mothers/Daughters	4th-8th

Participants are organized around neighborhood groups or common interests for meetings and special events. Participation in the program encourages a commitment for both parent and child to spend time together away from the distractions of work and home. The program year runs September through June, but join at any time!

Children develop positive skills and patterns that will serve them well in adolescence and adulthood, while participants build friendships that will last a lifetime.

## • What do the Y-Guides/Princesses do?

We meet monthly in a designated member's home, in which a loosely structured agenda encourages each child to participate. These Tribe meetings typically include a craft, game, snack, and various awards and reports. Each month multiple Tribes combine to create a Nation in order to host activities and events such as: a local campout at the beach or the mountains, sporting events, a community service project, or a quick day event such as bowling or fishing. The back of this brochure lists a tentative schedule of activities for the Nations from our branch.



## • Become a YMCA Member Today!

A YMCA Membership and payment of the Y-Guides/Princesses Program Fee are required. We offer two kinds of memberships to fit the need of your family.

### Family Facility Membership\*

\$70/month for 2 adults & kids

Full access to the facility, pool, cardiovascular center, group exercise classes, weight room, lower rate for sports programs, swim classes and more. Let the kids play in the Kidzone while you work out; included with this membership!

### Family Program Membership\*

\$90/year for the family

Participation in our programs such as swim classes, Y-Guides/Princesses and sports classes. No facility usage.

Program Fee	Register June-July 31, 2009	Register Aug 1-Sept 30, 2009	Register Oct 1-End of Season
Family Facility Membership	\$25 per person/ per program	\$30 per person/ per program	\$37 per person/ per program
Program Membership	\$50 per person/ per program	\$60 per person/ per program	\$75 per person/ per program

### Nation Monthly Activities\*

Paying for events as you go through the year allows for family flexibility in scheduling. Nation activities can range from \$35 per family, to \$150 per person depending on the event.

\*Scholarship Program available to qualifying families.

### For more info please contact:

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