



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

EVERY MOMENT MATTERS

Adventure Guides

A Parent/Child Program
for Kids K-6th Grade



LEARN MORE
ymcaoc.org/ag

SPECIAL OFFER

Actively enrolled Adventure Guides participants get **50% OFF** family membership at our health and wellness facilities!

\$44 A Month!
That's 1/2 Off!



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MISSION VIEJO FAMILY YMCA • (949) 859-9622 • ymcaoc.org/mission-viejo
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YMCA OF ORANGE COUNTY

STRONGER TOGETHER

FAMILY TIME Adventure Guides

A Parent/Child Program
for Kids K-6th Grade

Adventure Guides Parent & Child Program

Adventure Guides was developed by the Y to help strengthen family relationships. The Adventure Guides Experience enables parents and kids to have fun while sharing new adventures.

As the parent of a young child, you have the tremendous opportunity to get to know your child. Spending quality one-on-one time with your child will help build a strong bond of trust and memories that will last a lifetime. Join the Y and become a member of a community that's committed every day to helping you and your family grow stronger together.

The Adventure Guides will:

- Foster companionship and understanding and set a foundation for positive, lifelong relationships between parent and child.
- Build a sense of self-esteem and personal worth.
- Expand awareness of spirit, mind, and body.
- Provide the framework to meet a mutual need of spending enjoyable, constructive, and quality time together.
- Emphasize the vital role that parents play in the growth and development of their children.
- Offer an important and unique opportunity to develop and enjoy volunteer leadership skills.

"I look back at the many years Jenna and I have been in the guides program and all the fun adventures we have had together. Like the first time Jenna won not just one but three medals at her first time at the Olympics event.

The smile on her face was ear to ear. She took her medals to school for show and tell the next day, and five years later they are still hanging on her bedroom wall. The hikes, the sand castles, the swimming, the camping and bonding with friends has helped in making, this once shy girl, into the confident young lady she is today."

— Scott, Adventure Guides Dad



Adventure Guides Events & Activities Include:

- Catalina • Camp Outs
- Bowling • Pinewood Derby
- Dances • Angels Games
- Fishing • Hiking
- Community Service Learning Projects
- Monthly Gatherings
- And Much More!



Questions? Contact your nearest YMCA Adventure Guides Program!

CAPISTRANO BEACH CITIES FAMILY YMCA (949) 249-6216

FULLERTON FAMILY YMCA (714) 879-9622

HUNTINGTON BEACH FAMILY YMCA (714) 378-4784

LAGUNA NIGUEL FAMILY YMCA (949) 249-6216

MISSION VIEJO FAMILY YMCA (949) 859-9622

NEWPORT-MESA FAMILY YMCA (949) 642-9990

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