



FOR YOUTH DEVELOPMENT®  
 FOR HEALTHY LIVING  
 FOR SOCIAL RESPONSIBILITY

# CREATE MEMORIES TOGETHER

## Adventure Guides



Adventure Guides enables parents and kids (grades K-6th) to share new adventures, explore nature, and create memories that last a lifetime!

- Father/Daughter Expeditions
- Father/Son Expeditions

### Adventure Guides Events and Activities:

Catalina, Camp Outs, Bowling, Angels Games, Hiking, Pinewood Derby, Fishing, Service Learning Projects, Monthly Gatherings and Much More!



#### FULLERTON & YORBA LINDA-PLACENTIA FAMILY YMCA

Doug Trawick | (714) 879-9622 | dtrawick@ymcaoc.org



#### LAGUNA NIGUEL & BEACH CITIES FAMILY YMCA

Michael Prange | (949) 495-9622 | mprange@ymcaoc.org  
 Zach Brooks | (949) 859-9622 | zbrooks@ymcaoc.org



#### HUNTINGTON BEACH & NEWPORT-MESA FAMILY YMCA

Michael Prange | (949) 495-9622 | mprange@ymcaoc.org  
 Zach Brooks | (949) 859-9622 | zbrooks@ymcaoc.org

#### MISSION VIEJO FAMILY YMCA

Michael Prange | (949) 495-9622 | mprange@ymcaoc.org  
 Zach Brooks | (949) 859-9622 | zbrooks@ymcaoc.org

[aginfo@ymcaoc.org](mailto:aginfo@ymcaoc.org) | [ymcaoc.org/ag](http://ymcaoc.org/ag)

### Junior Guides

Start your journey early in **Junior Guides**, our parent/child program for ages 3-5!

"We have been given a chance to really get to know each other and have had experiences that will last a lifetime. The positive influences and support from both the dads and the YMCA has made me a better father and better friend to my girls."

- James, Adventure Guides Dad

