



ADVENTURE GUIDES

How the Program Works

The Adventure Guides program was developed to help strengthen family relationships. As the parent of a young child, you have the tremendous opportunity to get to know your child. Spending quality one-on-one time with your child will help build a strong bond of trust and memories that will last a lifetime.

Levels:

1 Adventure Guides (ages 5-12)
This program enables parent and child to share new adventures, explore nature, and create memories that last a lifetime. We offer father/daughter expeditions and father/son expeditions. Events may include: Catalina, camp outs, bowling, Angels games, Joshua Tree, hiking, pinewood derby, fishing, service learning projects, monthly gatherings and much more!

2 Junior Guides (ages 3-5)
Throughout the program families will engage in activities that promote nature, family, fun and community. Each month will bring the opportunity to attend a daytime event or one night sleepover lead by YMCA staff. Examples of events include pool parties, strawberry picking, pizza making class, firehouse visits and more.

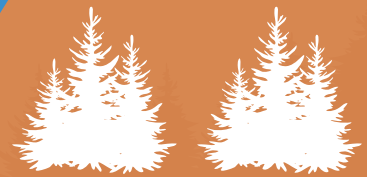
3 Islanders (ages 12+)
The Islanders offers an opportunity for dads and their children to continue to engage in activities together with less of a time commitment and events tailored to the older ages. Events might include indoor skydiving, comedy night, go-kart racing, hiking, beach camping and more.

Federation



Federations are a group of Expeditions within a region.

Expedition



Expeditions are groups of Circles organized by gender (i.e. dad/daughter). Typically an Expedition is made up of 4-10 Circles.

Circle



Circles are a group of Guides & Explorers. Typically Circles are made up of 5-12 families within a school or neighborhood, but not necessarily.

Explorer & Guide



These are the names for parents and children. Each person (dad & child) chooses an Adventure Guide name when joining the program.

**LEARN
MORE AT**
ymcaoc.org/ag

PROGRAM STRUCTURE

CONTACT US

FULLERTON & YORBA LINDA/PLACENTIA FAMILY YMCA
Bailey Kline • (714) 879-9622 • bkline@ymcaoc.org

HUNTINGTON BEACH & NEWPORT-MESA FAMILY YMCA
Zach Brooks • (949) 859-9622 • zbrooks@ymcaoc.org

CAPISTRANO BEACH CITIES & LAGUNA NIGUEL FAMILY YMCA
Michael Prange • (949) 495-9622 • mprange@ymcaoc.org

MISSION VIEJO FAMILY YMCA
Michael Prange • (949) 495-9622 • mprange@ymcaoc.org