



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

TIME FOR FAMILY FUN

Camp E.L.K.: Family Camp Details

Family Camp Sample Menu

Breakfast

- Pancakes
- Sausage
- Eggs
- Cereal bar with milk
- Bananas
- Yogurt
- Orange juice
- Coffee bar and tea

Lunch

- Pizza
- Bread Sticks
- Salad Bar
- Fruit Salad
- Apple juice

Dinner

- BBQ Chicken
- Corn on the cob
- Baked beans
- Salad bar
- Frozen pop
- Lemonade

Vegetarian options offered at all meals. Additional dietary restrictions can be made as long as camp is aware 1 week prior to arrival.

Family Camp Sample Schedule

Friday, Check In Day

- 5:30-7:30pm Rolling Check In & Buffet Dinner
- 8:00pm Campfire with s'mores
- 9:00pm Stargazing

Saturday

- 8:30am Breakfast
- 9:30am Program Options (i.e. hike, archery)
- 12:30pm Lunch
- 1:30pm Family Cabin Time
- 2:30pm Program Options
- 5:30pm Dinner
- 7:00pm Family Events
- 8:00pm Campfire
- 9:00pm Family Game Night

Sunday

- 8:30am Breakfast
- 9:30am Chapel
- 10:30am Program Options
- 12:30pm Lunch
- 1:30pm Closing Ceremony

Participation in programs at family camp is not mandatory, but highly encouraged. Family camp also involves themes for different times of the year.

YMCA OF ORANGE COUNTY | campelk.org

